

Dear Seniors,

Please be advised regarding the **Coronavirus Disease (COVID-19) Update:** The West Orange Department of Health adheres to the recommendations of the CDC <https://www.cdc.gov/coronavirus/2019-ncov/index.html> and the State Department of Health <https://www.nj.gov/health/cd/topics/ncov.shtml>.

Please be informed:

- **All Township Senior Services group activities are suspended until further notice-this includes Bingo, Yoga, Aerobics, Zumba and the St. Patrick's Day Party on 3/17/2020**
- Older adults and people with underlying health conditions are more vulnerable and should avoid large gatherings
- Best strategies and preventive actions:
 - Stay home if you are ill
 - Wash hands frequently
 - Avoid touching your eyes, nose and mouth
 - Cough into elbow, not hands
 - Clean and disinfect frequently touched objects, including telephones
- Call your medical provider with any additional inquiries regarding specific health care needs

Resources:

1. Home Delivery of Groceries to West Orange *(Due to increased demand at this time, availability may be limited)*

Please call to confirm availability with each store. Fees will be applied

ShopRite of Livingston

483 S. Livingston Ave Livingston, NJ West

(973) 740-2004

Shoprite.com

Cost: \$17.95 for up to \$499 of groceries

Shop Rite of Brookdale

1409 Broad Street Bloomfield, NJ

Shoprite.com

(973) 338-4141

* *Special Reduced Delivery only \$10.95 going on NOW (you save \$5.95)*

Whole Foods

235 Prospect Ave West Orange

Amazon.com

(973) 669-3196

*Free Delivery for PRIME Members

(It may take a week+ to subscribe to Prime)

Seasons (Kosher grocery store)

467 Allwood Rd Clifton, NJ

(973) 339-0900

SeasonsKosher.com

Minimum order is \$75

Stop & Shop - Peapod Online

Peapod.com

1 (800) 573-2763

2. Local Pharmacies that Deliver Medications to West Orange

West Orange Family Pharmacy

(Spanish Speaking) – No Fee

443 Main Street

West Orange, NJ

(973) 325-1020

CVS Pharmacy

217 Main Street (near Edison Building)

West Orange, NJ

(973) 325-5691

CVS Pharmacy

265 Prospect Street

West Orange, NJ

(973) 243-7008

Medicos Pharmacy

No Fee

741 Northfield Ave Suite 199

West Orange, NJ

(973) 324-1000

3. Mental Health Resources

NJ Mental Health Association

Mental Health Cares offers mental health referrals.

Please contact: NJ Mental Health Cares

866-202-4357

8:00 AM – 8:00 PM

We will send a follow-up email once programming resumes.

Thank you for your patience and understanding during this time.

Sincerely,

Laura Van Dyke

Laura A. Van Dyke, LCSW

Senior Services Coordinator

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